

18th March 2010

All Affiliated State Associations.

We enclose the details in respect of Sub-Junior/ Junior and Senior National Triathlon and Aquathlon Championship 2009 (Individual and Team events) to be held at Indore, MP on 1st & 2nd May 2010. Please ensure that your entries along with all enclosures are sent to us on or before 10th April 2010.

All correspondence in respect of the Championship should be addressed to Indian Triathlon Federation, Khivraj Complex II, 2nd Floor, 480 Anna Salai, Nandanam, Chennai – 600 035.

For INDIAN TRIATHLON FEDERATION

**Mrs. SUREKHA RAMACHANDRAN
PRESIDENT.**

Encl: As above.

Copy to: Mr. M.S. Shastri, Deputy President, ITF
Mr. Rakesh Gupta, General Secretary, ITF

**Sub-Junior/ Junior & Senior National Triathlon / Aquathlon Championship– 2009
(Individual And Team Events)**

We are pleased to inform you that Indian Triathlon Federation propose to conduct the Sub-Junior/ Junior and Senior National Triathlon / Aquathlon Championship 2009 (Individual and Team events) to be held at Indore, M.P on 1st and 2nd May 2010. The details are as follows:

DISTANCE:

1. Triathlon Championship will be conducted for Seniors (Men & Women). Distance will be
1.5 KMs Swim, 40 KMs Cycle and 10 KMs Run. (3 Men and 3 Women for both events)
2. Triathlon Championship will be conducted for Junior Section (Boys & Girls) only. Distance will be
750 Mtrs. Swim, 20 KMs Cycle and 5 KMs Run.
3. Aquathlon will be conducted for Sub-Junior and Junior section (Boys & Girls).

4. Please note that in Junior Section total number of participants should be six (3 Boys and 3 Girls for both events). The maximum strength for whole event per state will be 6 Boys, 6 Girls, 3 Men and 3

Women 1 Manager and 1 Coach only

<u>Aquathlon</u>	<u>Swim</u>	<u>Run</u>
Sub-Junior	400 Mtrs.	3 Kms
Junior	750 Mtrrs	5 Kms

SCHEDULE OF EVENTS:

Friday, 30 th April 2010	Triathlon/Aquathlon Registration
Saturday, 1 st May 2010	Aquathlon events for Sub-Juniors and Juniors
Sunday, 2 nd May 2010	Triathlon events for Juniors/Seniors & Prize Distribution Ceremony

TRAVEL ARRANGEMENTS:

Railway concession forms are enclosed to travel from their State to Indore (M.P.) and back. The fare will be reimbursed strictly on production of 2nd Class concessional tickets. Book your tickets for to and fro journeys at your end itself and inform your travel Programme to the local coordinator / organizers so that they can receive you at Railway Station. Local coordinator Mr. Shrikant Tewari (09300851044)

Note:

1. Any team arriving before 30th April or departs after 2nd May 2010 will have to bear their own expenses for accommodation, food and transport.
2. Geared Cycles can be used for competition. The participants would bring their own cycles. Organizers will not provide / arrange cycles and will not responsible for any breakdown while cycling.
3. The organizers reserve the right to alter the date and venue of Championship.
4. The organizers also reserve the right to reject any entry without assigning any reason.

5. Every endeavour will be made to ensure safety. The competitors are informed that guarantee is given in this regard.
6. Age verification will be there by the Federation, if anyone found overage will be debarred.

ELIGIBILITY:

The competitor should be a resident of Indian having domiciled for last one year. The following is the age limit as on 1.1.2009.

- Junior : Born on & after 01.01.1991 and before 31.12.1993
- Sub-Junior : Born on & after 01.01.1994 and before 31.12.1996
- Entry : There would be a maximum of 3 participants in each section boys and girls from a state / affiliated unit. The entries along with the proof of age, two passport size photographs, medical fitness certificate from a Registered Doctor, Waiver and indemnity form, etc., should be sent.
- Officials : Only one Coach and one Manager from each State are allowed to accompany the team.

Accommodation and Food:

Arrangements have been made for the Triathletes, Coaches and Managers from 30th April 2010 morning to 2nd May 2010 evening. Parents and other officials are not allowed to stay in the place where arrangements are made for Triathletes, Manager and Coaches.
