

New Training Facilities for the Indian Triathlon Academy

2004 has seen a significant development at the Indian Triathlon Academy with the recent completion of a new cycle track and the anticipated completion in mid September of a 6 lane 25 meter swimming pool.

These 2 new facilities will significantly enhance the development of Triathlon in India and provide the much needed opportunity to India's Triathletes to train at a higher and more consistent level.

Traditional Hindu Blessing for the new Cycle Track

The new cycle track located at T.S. Narayanaswami College just outside of Chennai, is 450 metres long and 4 metres wide providing Triathletes at the Academy a safe training environment for the development of cycling speed and skills rather than battling Chennai's busy traffic.

Other facilities at the College in addition to the cycling track will include a 6 lane 400 metre running track with a football field in the middle. Both of these facilities are still under construction.

Academy Athletes Mani, Jabir & Shinde test the cycle track with

TSN College in background

The other significant addition to the Indian Triathlon Academy is a new swim complex which is being constructed at the Academy's current base which is located in conjunction with the ICL National Squash Academy in the heart of Chennai. The 25 metre pool will feature an "open roof" over $\frac{3}{4}$ of the pool and the coaching deck which will provide much relief and provide protection for both athletes and coaches from the relentless Chennai sun.

Indian Triathlon Academy Pool under construction

Additional facilities include change rooms, a dining area with a fully equipped kitchen, along with a lounge area for athletes to relax. The current Squash Complex already includes accommodation which is currently undergoing a significant upgrade, a fully equipped gymnasium, and an air conditioned conference room which has hosted many courses for both Squash and Triathlon.

New Cycle Track on the main straight

On completion of construction of the facilities, the Indian Triathlon Academy will instigate a number of exciting new Programs through aimed at increasing the participation of multi sports in participants of all ages. With these new facilities, in addition to the new Programs and the current Program with our Elite Triathletes we look forward to a bright future for Indian Triathlon.