

Annual General Meeting: 2015-16

Annual General Meeting of ITF was held on Friday The 30th September, 2016 At 10:25 Hrs at The Nehru Park, SDAT Complex, 116-A, E.V.R. Periyar High Road, Chennai – 600 084.

ACTIVITY REPORT - (2015 - 2016)

- 1) Shri N. Ramachandran, President – Indian Olympic Association, was conferred with Olympic Order by the International Olympic Committee (IOC) for his outstanding services to the Olympic movement.
- 2) Mr. N. Ramachandran was conferred with the OCA Award of Merit by the Olympic Council of Asia at their General Assembly held in DaNang, Vietnam on Sunday, 25th September 2016 by the OCA President H.E Sheikh Ahmad Al-Fahad Al-Sabah in the presence of the IOC President Dr. Thomas Bach.
- 3) **SENIOR NATIONAL TRIATHLON (M/W) CHAMPIONSHIP 2015 AS TEST EVENT CUM SELECTION TRIAL EVENT HELD AT GUWAHATI (23RD & 24TH JANUARY 2016) :**

The Indian Triathlon Federation had conducted the Senior Triathlon Championship as Test event cum Selection trials on 23rd and 24th January 2016 at Guwahati, Assam for the selection of the Triathlon team to represent India in the 12th South Asian Games 2016 in the triathlon events held on 13th & 14th February 2016.

The following Triathletes (both men & women) from Kerala, Maharashtra, Madhya Pradesh, Gujarat, Uttar Pradesh, West Bengal, Tripura, Bihar, Telengana, Chattisgarh, Andhra Pradesh, Jharkand, Manipur, Tamil Nadu, Chandigarh, New Delhi, Assam, Karnataka, SSCB and Haryana had participated in the events:

#	Name	State
	<u>PARTICIPANTS:</u>	
1	V. Vishnu	Kerala
2	Ragunath Mali	Maharashtra
3	Dhiraj Sawant	Maharashtra
4	Vishwanath Yadav	Maharashtra
5	Tejashree Naik	Maharashtra
6	Sharavaa Yadav	Maharashtra
7	Naina Borkar	Maharashtra
8	Ravi Shankar Kewat	Madhya Pradesh
9	Aman Soni	Madhya Pradesh
10	Rajarshi	Madhya Pradesh
11	Meha Baghel	Madhya Pradesh
12	Aarti Patwa	Madhya Pradesh
13	Pragati singh	Madhya Pradesh
14	Hitendra G Patel	Gujarat
15	Daxesh A. Retiwala	Gujarat
16	Pallavi R. Retiwala	Gujarat

17	Pooja N. Chaurushi	Gujarat
18	Pragnya Mohan	Gujarat
19	Dilip Yadav	Uttar Pradesh
20	Krishna Kumar	Uttar Pradesh
21	Aamrendra	Uttar Pradesh
22	Nisha Nishad	Uttar Pradesh
23	Ranjani	Uttar Pradesh
24	Bikash Shaw	West Bengal
25	Sachin Kr. Shaw	West Bengal
26	Debasis Halder	West Bengal
27	Punam Biswas	West Bengal
28	Anwasha Das	West Bengal
29	Santanu Das	Tripura
30	Paritosh Das	Tripura
31	Pradip Chanda Das	Tripura
32	Lalmani	Bihar
33	Shashi Bhushan Singh	Bihar
34	Vignan	Telangana
35	Umesh Kumar	Chattisgarh
36	Jagendra Dhiwar	Chattisgarh
37	D Rakesh	Andhra Pradesh
38	Sunil Kumar Yadav	Jharkhand
39	L. Bizten	Manipur
40	L. Mahesh	Manipur
41	S. Naocha	Manipur
42	M.C. Linthozrgambi	Manipur
43	Rani	Manipur
44	Sonam	Manipur
45	Bharathidasan	Tamil Nadu
46	Bharathiban	Tamil Nadu
47	Sureka	Tamil Nadu
48	Nikhil Dhaga	Chandigarh
49	N.G. DewanJit Singh	Delhi
50	E. Sushil Singh	Delhi
51	Manish	Delhi
52	Sujita Baruah	Delhi
53	Sarojini Devi	Delhi
54	Nilanjan Dutta	Assam
55	Madhurjya Borah	Assam
56	Kham Seng Phukom	Assam
57	Pritish Mita Baruah	Assam
58	Panika Swargiary	Assam
59	Kuldeep Singh	Karnataka
60	Gharat Gurudatt	SSCB

61	Dilip Kumar	SSCB
62	Bishworjit Singh	SSCB
63	Vikram	Haryana
64	Nagender	Haryana
65	Pradeep Kumar	Haryana

The Men & Women Individual event was conducted on 23rd January 2016 and the Mixed Relay events on 24th January 2016. The distance of the Triathlon event decided by the Selection committee were : Swimming – 1000 mtrs., Cycling - 28 km and Running – 7 km. Dr. Zakir Hussain Aquatic Complex was the venue for the swimming segment and the running & cycling segment was conducted in & around that area covering the National Highway. The Assam government / Sports Development Authority of Assam had given adequate support and assistance in conducting the event smoothly.

RESULT OF SENIOR NATIONAL TRIATHLON CHAMPIONSHIP-2016 (TEST EVENT FOR 12TH SA GAMES ON 23RD & 24TH JANUARY 2016)

MEN:

POSITION	NAME	UNIT	TIME
I	GHARAT GURUDATT	SSCB	01.27.15
II	DILIP KUMAR	SSCB	01.28.17
III	DHIRAJ SAWANT	MAHARASTRA	01.29.28
III	DILIP YADAV	U.P	01.29.28
V	L. MAHESH	MANIPUR	01.29.43
VI	S. BISHWORJIT SINGH	SSCB	01.29.46
VII	L. BITEN SINGH	MANIPUR	01.29.48
VIII	VISHVANATH YADAV	MAHARASHTRA	01.31.24
IX	KRISHNA KUMAR	UTTAR PRADESH	01.32.03
X	DAXESH A. RETIWALA	GUJRAT	01.32.52
XI	RAGHUNATH MALI	MAHARASHTRA	01.33.30
XII	S NAOCHA SINGH	MANIPUR	01.34.58
XIII	NG. DEVANJEET	DELHI	01.35.29
XIV	MADHURAJYA BORAH	ASSAM	01.39.29
XV	AMRENDRA CHAUHAN	UTTAR PRADESH	01.43.24

XVI	R. VIGANAN	TELANGANA	01.45.42
XVII	UMESH KUMAR	CHHATIISGARH	01.46.51
XVIII	NILANJAN DUTTA	ASSAM	01.50.31
XIX	D.RAKESH	ANDHRA PRADESH	01.52.53
XX	KHEMSENG PHUKON	ASSAM	01.53.04
XXI	RAJARSI GAYEN	MADHYA PRADESH	01.53.57
XXII	NIKHIL DAHIYA	CHANDIGARH	01.53.58
XXIII	SACHIN KUMAR SHAW	WEST BENGAL	01.54.32
XXIV	BARTHIBAN. G	TAMILNADU	01.54.33
XXV	SHASHI BHUSHAN SINGH	BIHAR	01.55.38
XXVI	KULDEEP SINGH	KARNATAKA	01.55.45
XXVII	RAVI SHANKER KEWAT	MADHYA PRADESH	02.03.40
XXVIII	DEBASIS HALDAR	WEST BENGAL	02.04.21
XXIX	SUNIL KUMAR YADAV	JHARKHAND	02.04.47
XXX	LALMANI	BIHAR	02.06.06
XXXI	AMAN SONI	MADHYA PRADESH	02.07.00
XXXII	R. NAGENDER	HARYANA	02.08.09
XXXIII	PRITOSH DAS	TRIPURA	02.08.48
XXXIV	VISHNU-V	KERELA	02.11.57
XXXV	HITENDRA-G.PATEL	GUJRAT	02.19.14
XXXVI	PRADIP CHANDRA DAS	TRIPURA	02.22.31

WOMEN:

POSITION	NAME	UNIT	TIME
I	PALLAVI A. RETIWALA	GUJRAT	01.41.22
II	POOJA N. CHAURUSHI	GUJRAT	01.43.19

III	TH. SOROJINI DEVI	DELHI	01.45.18
IV	PRAGNYA MOHAN	GUJRAT	01.47.28
V	M.C. LINTHOINGAMBI	MANIPUR	01.50.57
VI	CH. RANI DEVI	MANIPUR	01.52.15
VII	NEHA BAGHEL	M.P	01.58.56
VIII	SUREK .R	TAMILNADU	02.01.28
IX	KSH. SONAM DEVI	MANIPUR	02.02.33
X	NAINA BORKAR	MAHARASHTRA	02.13.54
XI	AARTI PATWA	M.P	02.18.21
XII	SUJITA BARUAH	DELHI	02.23.23
XIII	PRITISHMITA BARVAH	ASSAM	02.28.04
XIV	PRAGATI SINGH BAGHEL	M.P	02.28.04
XV	PUNAM BISWAS	WEST BENGAL	02.30.37

MIX RELAY:

POSITION	NAME	UNIT	TIME
1 ST	L.MAHESH M.C.LINTHOINGAMBI L.BITEN SINGH CH.RANI DEVI	MANIPUR	1.37.09.26
2 ND	DHIRAJ SAWANT TEJASHREE NAIK RAGHUNATH MALI SHRAYYA YADAV	MAHARASHTRA	1.38.03.14
3 RD	HITENDRA G. PATEL POOJA A.CHAURUSHI DAXESH A. RETIWALA PALLAVI A. RETIWALA	GUJRAT	1.38.50.90
4 TH	E. SUSHIL SINGH SUJITA BARUAH TH. SAROJANI DEVI NG.DEWANJIT SINGH	DELHI	1.45.11.80
5 TH	DILIP YADAV KRISHNA KUMAR NISHA NISHAD RANJANI SAHANI	U.P	1.46.23.83

6 TH	RAJARSHI GAYEN AARTI PATWA RAVI SHANKAR KWEAT NEHA	M.P	1.52.51.50
7 TH	SACHIN KUMAR SHAW PUNAM BISWAS BIKASH SHAW ANWESHA DAS	WEST BENGAL	2.01.59.57
8 TH	KHAMSENG PHUKON NILANJAN PRITISHMITA BARUAH PANIKA SWARGIARY	ASSAM	2.03.21.83

In the men's section, there was a tie between Dilip Yadav of Uttar Pradesh and Dhiraj Sawant of Maharashtra for the third position. The Selection Committee then decided that the mixed relay timing will be taken into account for the third position. Eventually Dhiraj Sawant was selected for the 3rd position for his better timing in the mixed relay event which was conducted on 24th January 2016.

Selection Committee: The Selection Committee comprising of Mr. Sushil Chaudhary, Competition Director and Mr. Rakesh Gupta, Event Co-ordinator / Joint Secretary-IOA were selected the top 3 men and top 3 women on the basis of their race timings and the coaching camp was conducted under the supervision of the two coaches from 25th January 2016 to 12th February, 2016 at Guwahati, Assam.

MEN

1. GHARAT GURUDATT
2. DILIP KUMAR
3. DHIRAJ SAWANT

WOMEN

1. PALLAVI A. RETIWALA
2. POOJA N. CHAURUSHI
3. TH. SOROJINI DEVI

COACHES

1. VIKAS SHELKE
2. SUBHACHANDRA SINGH

The Indian Triathlon Federation wishes to thank the Sports Authority of India for granting the amount of Rs. 14,10,000/- (out of which the unspent amount of Rs. 2,86,562/- has been returned to the SAI) and the support provided to conduct the Triathlon Test event at Guwahati, Assam on 23rd & 24th January 2016.

- 4) **COMMUNITY LEVEL TECHNICAL OFFICIALS SEMINAR FOR THE INDIAN TOs HELD AT GUWAHATI (21ST – 22ND JANUARY 2016):**

Community Level TO Seminar was conducted by Mr. Peter, Felicitator from Singapore from 21/01/16 to 22/01/16 at Guwahati, Assam and about 50 technical delegates from all over India attended the course.

5) **NATIONAL COACHING CAMP FOR MEN & WOMEN HELD AT GUWAHATI (25TH JANUARY - 12TH FEBRUARY 2016):**

The Coaching Camp was conducted under the supervision of the two coaches from 25th January 2016 to 12th February, 2016 at Guwahati, Assam for the selected three men and women players in the Selection trials. Coaching camp was conducted by Mr. Wiltson of Spain for Nepal, Sri Lanka & Indian triathletes from 7th to 12th February 2016.

The Indian Triathlon Federation wishes to thank the Sports Authority of India for granting the amount of Rs.2,70,750/- (out of which the unspent amount of Rs. 5,670/- has been returned to the SAI) and the support provided to hold a National Coaching Camp for men & women at Guwahati from 25th January to 12th February for the preparation of Indian Triathlon Team for 12th South Asian Games 2016 held at Guwahati.

6) **ASTC-ITU DEVELOPMENT CAMP HELD AT GUWAHATI (6TH - 11TH FEBRUARY 2016):**

The ASTC-ITU Development Camp was held from 6th - 11th February 2016 at Guwahati, India to prepare South Asian athletes for the triathlon debut in the 12th South Asian Games. 16 athletes from three different countries including India, Nepal and Sri Lanka joined the training camp. The purpose of the camp was to enhance the athlete's development from the South Asian Region and increase the participants in the South Asian Games.

7) **ITU LEVEL-1 TECHNICAL OFFICIALS 1 SEMINAR HELD AT GUWAHATI (10TH - 11TH FEBRUARY 2016):**

ITU and ASTC hosted the ITU Level 1 Technical Official seminar at Guwahati, India from 10th - 11th February 2016 to support the successful debut in the 12th South Asian Games. Twenty eight participants from India and Nepal took part in the two days seminar to upgrade their knowledge and know-how on officiating at the international events and learn more about interpreting and applying ITU competition rules from Ms. Rachel Ribo, ITU Facilitator from Philippines.

The Indian Triathlon Federation wishes to thank the ASTC for granting the amount of Rs. 4,80,589/- and the support provided for the conduct of ASTC-ITU Development Camp & ITU Level-1 Technical Officials 1 Seminar held at Guwahati, Assam.

8) **12TH SOUTH ASIAN GAMES AT GUWAHATI & SHILLONG (13TH & 14TH FEBRUARY 2016):**

The 12th South Asian Games were held in Guwahati & Shillong from 5th to 16th February 2016 and the triathlon events were held on 13th & 14th February 2016. The Countries took part in this event include India, Nepal and Sri Lanka. The following are the tri-athletes participated in the event.

INDIA

Men	Women
Dilip Kumar	Pallavi Retiwala
Guru Datt	Pooja Chaurushi

Dhiraj Sawant	Sarojini Devi Thoudam
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NEPAL

Men	Women
Rudra Katwal	Roza KC
Tika Ram Thapa	Yamkumari Ghale
	Himal Tamata

SRI LANKA

Men	Women
Nuwan Kumara	Gayani Dasanayaka
Lakruwan Wijesiri	Dinusha Desilua

The Individual events for both Men and Women were held on 13th February 2016 at Dr. Zakir Hussain Aquatic Complex, Sarusajai Sports Complex in Guwahati. The Results are as follows:

MEN - INDIVIDUAL

Position	Name	Country	Swim Time	T1	Bike Time	T2	Run Time	Main Time
1 st	Dilip Kumar	India	00:19:21	00:00:17	01:04:05	00:00:08	00:39:04	02:02:53
2 nd	Guru Dutt	India	00:21:10	00:00:17	01:07:27	00:00:09	00:36:30	02:05:31
3 rd	Nuwan Kumara	Sri Lanka	00:24:36	00:00:22	01:06:07	00:00:09	00:39:25	02:10:38
4 th	Lakruwan	Sri Lanka	00:22:35	00:00:19	01:07:48	00:00:10	00:41:38	02:12:29
5 th	Rudra Katwal	Nepal	00:22:38	00:00:19	01:13:10	00:00:10	00:47:25	02:23:40
6 th	Tika Ram Thapa	Nepal	00:22:31	00:00:20	01:20:36	00:00:08	00:47:01	02:30:33

WOMEN - INDIVIDUAL

Position	Name	Country	Swim Time	T1	Bike Time	T2	Run Time	Main Time
1 st	Pallavi Retiwala	India	00:10:03	00:00:36	00:40:01	00:00:11	00:21:06	01:11:57
2 nd	Pooja Chaurushi	India	00:10:02	00:00:36	00:39:47	00:00:11	00:22:02	01:12:36
3 rd	Roza K.C	Nepal	00:12:52	00:00:42	00:38:50	00:00:09	00:23:28	01:16:00
4 th	Gayani Dasanayaka	Sri Lanka	00:11:56	00:00:37	00:40:02	00:00:08	00:23:33	01:16:14
5 th	Yamkumari Ghale	Nepal	00:12:38	00:00:44	00:40:55	00:00:09	00:26:06	01:20:29
6 th	Dinusha Desilua	Sri Lanka	00:12:53	00:00:30	00:44:00	00:00:11	00:26:40	01:24:13

Medals for the above event were presented by the Hon'ble Minister for Youth Affairs and Sports Shri. Sarbananda Sonowal and Mr. Vijitr Sittinawin, Secretary General of Asian Triathlon Confederation.

MIX RELAY

The Mix Relay event was held on 14th February 2016 at Dr. Zakir Hussain Aquatic Complex, Sarusajai Sports Complex in Guwahati. The Results are as follows:

Position	Name	Country	Timing
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1 st	Pallavi Retiwala Dilip Kumar Sorojini Devi Thoudam Dhiraj Sawant	India	01:24:31
2 nd	YamKumari Ghale Himal Tamata Roza K.C Rudra Katuwal	Nepal	01:31:35
3 rd	Gayani Dasanayake Lakruwan Wijesiri Dinusha De Silva Nuwan Kumara	Sri Lanka	01:32:05

Medals for the above event were presented by the Director General, Sports Authority of India Shri. Injeti Srinivas, IAS, who is also the CEO of the Organizing Committee of the 12th South Asian Games, Guwahati.

9) 2016 POKHARA ASTC 4TH SOUTH ASIAN TRIATHLON CHAMPIONSHIPS AT FEWA LAKE, POKHARA, NEPAL (16TH APRIL 2016):

The following triathletes had participated in the 2016 Pokhara ASTC 4th South Asian Triathlon Championships held at Fewa Lake, Pokhara, Nepal on 16th April 2016:

POSITION	NAME	SWIM	T1	BIKE	T2	RUN	TOTAL TIME
1	Sorojini Devi Thoudam	00:10:18	00:00:52	00:44:41	00:00:27	00:21:16	01:17:34
4	Pragyna Mohan	00:10:11	00:00:53	00:48:21	00:00:49	00:25:48	01:26:02

10) 2016 HATSUKAICHI ASTC TRIATHLON ASIAN CHAMPIONSHIP AT HATSUKAICHI, HIROSHIMA JAPAN (29TH APRIL – 1ST MAY 2016):

The Indian team comprising of the following triathletes had participated in the 2016 Hatsukaichi ASTC triathlon Asian Championship at Hatsukaichi, Hiroshima Japan (29th April – 1st May 2016):

- 1) POOJA CHAURUSHI
- 2) PALLAVI A. RETIWALA
- 3) DILIP KUMAR
- 4) GHARAT GURUDATT
- 5) VIKAS BHIMRAO SHELKE (COACH)

11) PARTICIPATION OF INDIAN DELEGATE IN THE 25TH CONGRESS OF THE ASIAN TRIATHLON CONFEDERATION HELD AT HATSUKAICHI CITY, HIROSHIMA PREFECTURE, JAPAN (1ST MAY 2016):

On behalf of the Indian Triathlon Federation(ITF), Mr. Rakesh Kumar Gupta, Executive Committee Member – Asian triathlon Confederation attended the Executive Board Meeting on 29th April 2016 and the 25th Congress of the Asian Triathlon Confederation to be held at Hatsukaichi City, Hiroshima Prefecture, Japan on 1st May 2016 . Mr. Shanmugam Kandaswamy, Joint Secretary of the Tamil Nadu Triathlon Association deputed by Indian Triathlon Federation as a ‘Congress Delegate’ to represent India at the 25th Congress of the Asian Triathlon Confederation held at Hatsukaichi City, Hiroshima Prefecture, Japan on 1st May 2016.

12) PARTICIPATION OF MS. POOJA N. CHARUSHI IN THE TRIATHLON AND AQUATHLON CHAMPIONSHIPS:

Ms. Pooja N. Charushi participated in the following events:

- i) **PURE AUSTIN AQUATHLON SPLASH AND DASH AT AUSTIN, USA (21ST JULY 2015):** Pooja N. Chaurushi participated in the Pure Austin Aquathlon (800 m swimming & 3 km running) Splash and Dash held at Austin, USA_on 21st July 2015 and bagged the second position with a timing of 00:25:57.
- ii) **WACO TRIATHLON CHAMPIONSHIP 2015 AT WACO, USA (26TH JULY 2015):** Pooja N. Chaurushi participated in the Waco Triathlon Championship 2015(400 m swimming, 19.2 km cycling & 5 km running) held at WACO, USA on 26th July 2015 and bagged the first position with a timing of 01:10:27.
- iii) **PURE AUSTIN AQUATHLON SPLASH AND DASH AT AUSTIN, USA (18TH AUGUST 2015):** Pooja N. Chaurushi participated in the Pure Austin Aquathlon (800 m swimming & 3 km running) Splash and Dash held at Austin, USA on 18th August 2015 and bagged the second position with a timing of 00:25:17.
- iv) **KERVILLE TRIATHLON CHAMPIONSHIP 2015 AT KERVILLE, USA (26TH SEPTEMBER 2015):** Pooja N. Chaurushi participated in the Kerville Triathlon Championship 2015 held at Kerville, USA on 26th September 2015 and bagged the first position with a timing of 01:13:01.
- v) **2015 HONG KONG LIFE ASTC SPRINT TRIATHLON ASIAN CUP AT HONGKONG (31ST OCTOBER – 1ST NOVEMBER 2015):** Pooja N. Chaurushi participated in the Hongkong Life ASTC Sprint Triathlon Asian Cup held at Hongkong from Hongkong Life ASTC Sprint Triathlon Asian Cup held at Hongkong 31st October – 1st November 2015 under Elite Women category.
- vi) **2015 ASTC SPRINT TRIATHLON ASIAN CUP AT PARIAMAN, INDONESIA (28TH NOVEMBER 2015):** Pooja N. Chaurushi participated in the ASTC Sprint Triathlon Asian Cup held at Pariaman, Indonesia on 28th November 2015 under Elite Women category and secured the overall 6th position.

13) TRAIATHLON EVENTS ORGANIZED BY THE STATE TRIATHLON ASSOCIATION:

- i) Haryana State Triathlon Championship 2015 was held from 19th to 20th October 2015 at Faral, Haryana under Senior Boys, Junior Boys and Sub-Junior Boys category.
 - ii) The triathlon event of 5th Netaji Subhas State Games 2016 was held on 17th January 2016 at Tala Jhill Park, Kolkata under the supervision of Bengal Olympic Association.
 - iii) The Senior State Triathlon Championship 2015 was held on 20th January 2016 at Tala Jhill Park, Kolkata.
 - iv) Aquathlon and Triathlon Inter District Championship was held on 02nd January 2016 at Vishakapatnam, Andhra Praesh and nearly 60 triathletes across all the districts had participated in the Championship.
 - v) Tripura State Championship – 2015 was conducted on 14th & 15th November 2015 at Agartala, Tripura and a Coahing Clinic was conducted from 15th to 20th January 2016 at Agartala.
 - vi) Karnataka State Junior / Sub-Junior Aquathlon Championship (Boys & Girls) 2016 was held on 24th July 2016 at MEG Centre, Bangalore.
 - vii) The Tamil Nadu Triathlon Association has been conducting coaching cum training for the Triathletes in the Indian Triathlon Academy regularly.
 - viii) The Tamil Nadu Triathlon team participated in the Senior National Triathlon (M/W) Championship 2015, in the individual event, held at Guwahati on 23rd & 24th January 2016. Bharatidasan, Parthiban and Surekha R. from Tamil Nadu Triathlon Team had participated in the Senior National Triathlon (M/W) Championship 2015.
- 14) **GRANT OF RECOGNITION TO THE INDIAN TRIATHLON FEDERATION BY THE MYAS, GOI:**
The Ministry of Youth Affairs and Sport have recognized the Indian Triathlon Federation as the National Sports Federation vide their Letter No. F.83-2/2009.SP.I dtd. 29th April 2016.
- 15) **GRANT (NATIONAL FEDERATION FUND) RECEIVED FROM INDIAN OLYMPIC ASSOCIATION:**
ITF had received the Grant of Rs. 3 Lacs from Indian Olympic Association for the year 2015-16 vide IOA Circular No. IOA/F.A.NSF/SOA dtd. 16 April 2015.