

2022 Pokhara Asia Cup & South Asian Championship

Athlete ID	Name	Gender	Country	Swim	T1	Bike	T2	Run	Position	Total Time
115050	Ekaterina Shabalina	Women	KAZ	00:10:55	00:00:46	00:33:50	00:00:26	00:16:23	1	01:02:20
84982	Hiraku Fukuoka	Women	JPN	00:10:50	00:00:47	00:33:55	00:00:23	00:16:58	2	01:02:53
121165	Nadezhda Bekmaganbetova	Women	KAZ	00:12:12	00:00:50	00:33:29	00:00:30	00:17:13	3	01:04:14
109517	Minori Ikeno	Women	JPN	00:10:24	00:00:53	00:35:15	00:00:57	00:17:06	4	01:04:35
136182	Yuliya Ozerova	Women	KAZ	00:11:16	00:00:50	00:34:26	00:00:26	00:18:53	5	01:05:51
124441	Pragnya Mohan	Women	IND	00:12:20	00:00:53	00:33:19	00:00:29	00:19:21	6	01:06:22
165785	Mansi Mohite	Women	IND	00:11:17	00:00:51	00:35:18	00:00:30	00:20:22	7	01:08:18
165784	Sanjana Sunil Joshi	Women	IND	00:11:47	00:00:49	00:34:53	00:00:34	00:22:05	8	01:10:08
144032	Anvita Nikam	Women	IND	00:11:52	00:00:51	00:37:00	00:00:35	00:20:20	9	01:10:38
104950	Sony Gurung	Women	NEP	00:13:38	00:01:03	00:34:55	00:00:33	00:21:08	10	01:11:17
142182	Riddhi Kadam	Women	IND	00:14:12	00:00:58	00:35:24	00:09:52	00:10:53	11	01:11:19
165787	Snehal Joshi	Women	IND	00:13:08	00:00:50	00:37:09	00:00:16	00:20:22	12	01:11:45
117061	Monika Mukheshbhai Nagpure	Women	IND	00:13:06	00:00:53	00:35:40	00:00:38	00:22:34	13	01:12:51
165786	Aadhya Singh	Women	IND	00:15:32	00:01:00	00:36:25	00:00:50	00:20:33	14	01:14:20
158563	Aarthi S	Women	IND	00:13:03	00:00:49	00:39:04	00:00:30	00:24:37	15	01:18:03
82830	Keshari Thapa Magar	Women	NEP	00:19:21	00:01:04	00:36:51	00:00:47	00:22:59	16	01:21:02
143817	Nupur Deka	Women	IND	00:15:24	00:01:10	00:42:11	00:01:27	00:25:12	17	01:25:24
158559	Vinolee Ramalingam	Women	IND	00:15:38	00:01:20	00:38:23	00:01:41	00:32:11	18	01:29:13
166121	Sastika Bhandari	Women	NEP	00:13:19	00:01:17	00:45:21	00:00:31	00:31:43	19	01:32:11
166198	Mst Khadiza Akter	Women	BAN	00:16:44	00:01:38	00:58:31	00:00:39	00:32:48	20	01:50:20
104247	Genta Uchida	Men	JPN	00:09:12	00:00:45	00:27:54	00:00:22	00:15:00	1	00:53:14
122645	Kyotaro Yoshikawa	Men	JPN	00:09:03	00:00:54	00:27:53	00:00:25	00:15:07	2	00:53:22
83054	Leon Pauger	Men	AUT	00:09:17	00:00:59	00:27:34	00:00:27	00:15:18	3	00:53:36
110784	Aoba Yasumatsu	Men	JPN	00:09:35	00:00:40	00:29:01	00:00:26	00:14:26	4	00:54:08
74435	Philip Pertl	Men	AUT	00:10:13	00:00:32	00:28:30	00:00:27	00:15:28	5	00:55:10
113575	Krzysztof Hadas	Men	POL	00:10:56	00:00:38	00:30:46	00:00:32	00:14:45	6	00:57:38
117246	Daniil Zubtsov	Men	KAZ	00:10:17	00:00:46	00:30:31	00:00:26	00:16:20	7	00:58:20
125309	Alikhan Abusseit	Men	KAZ	00:10:25	00:00:39	00:30:31	00:00:25	00:16:25	8	00:58:25
142169	Adarsh Muralidharan Nair Sinimol	Men	IND	00:10:22	00:00:40	00:30:55	00:00:33	00:16:40	9	00:59:10
152516	Rahul Dhanji Shinde	Men	IND	00:10:26	00:00:48	00:31:05	00:00:34	00:16:49	10	00:59:42
122018	Vishwanath Yadav	Men	IND	00:10:44	00:00:43	00:30:50	00:00:39	00:16:47	11	00:59:43
144019	Raj Kumar Pawar	Men	IND	00:10:40	00:00:36	00:31:04	00:00:33	00:16:57	12	00:59:50

90872	Basanta Tharu	Men	NEP	00:13:53	00:00:48	00:30:47	00:00:31	00:17:02	13	01:03:02
158554	Bijen Kumar Laikhuram	Men	IND	00:12:54	00:00:58	00:31:38	00:00:31	00:17:09	14	01:03:11
143810	Shashi Kiran S M	Men	IND	00:11:46	00:00:48	00:32:22	00:00:36	00:18:11	15	01:03:43
124711	Dipesh Chaudhary	Men	NEP	00:12:49	00:00:45	00:32:28	00:00:29	00:18:35	16	01:05:06
143804	Mali Raghunath	Men	IND	00:11:52	00:00:46	00:33:24	00:00:26	00:19:01	17	01:05:29
165794	Balasaheb Maruti Bhise	Men	IND	00:10:46	00:00:54	00:34:25	00:00:50	00:18:35	18	01:05:31
165789	Mihir Bathija	Men	IND	00:13:02	00:00:54	00:32:50	00:00:35	00:18:26	19	01:05:47
166194	Mukesh Tharu	Men	NEP	00:14:34	00:01:01	00:32:55	00:00:49	00:18:36	20	01:07:55
165797	Safa Musthafa Sheick	Men	IND	00:14:27	00:00:51	00:34:36	00:00:36	00:19:09	21	01:09:40
165795	Tushar Deka	Men	IND	00:12:23	00:00:45	00:35:58	00:00:38	00:20:04	22	01:09:48
165791	Vatsal Arjun Chaudhari	Men	IND	00:15:58	00:00:57	00:35:22	00:00:33	00:19:19	23	01:12:09
124708	Hemsagar Subedi	Men	NEP	00:14:55	00:01:05	00:36:01	00:00:37	00:19:41	24	01:12:19
144004	Jalaj Arora	Men	IND	00:15:05	00:01:04	00:35:55	00:01:15	00:20:10	25	01:13:29
144005	Chatrapati Aryan Tandon	Men	IND	00:15:40	00:01:13	00:35:50	00:01:58	00:20:12	26	01:14:53
166123	Sushim Chitrakar	Men	NEP	00:16:39	00:00:56	00:35:00	00:00:30	00:22:40	27	01:15:46
165792	Anish Shukla	Men	IND	00:15:23	00:01:32	00:34:59	00:00:52	00:23:01	28	01:15:48
135642	Moulik Maharjan	Men	NEP	00:12:09	00:01:34	00:40:23	00:01:14	00:20:40	29	01:16:00
166124	Alok Khatri	Men	NEP	00:17:58	00:01:25	00:37:31	00:01:00	00:19:53	30	01:17:47
124601	Md Rofikul Islam	Men	BAN	00:16:54	00:01:20	00:39:26	00:00:32	00:20:22	31	01:18:34
165793	Shantanu Shukla	Men	IND	00:15:10	00:00:33	00:39:08	00:00:46	00:24:59	32	01:20:36
158557	Ajaysingh Pal	Men	IND	00:14:40	00:01:11	00:40:32	00:00:51	00:26:54	33	01:24:08
49084	Lukas Pertl	Men	AUT	00:09:24	00:00:50	00:00:00	00:00:00	00:00:00	DNF	00:00:00
136282	Kirill Rozhkov	Men	KAZ	00:09:20	00:00:00	00:00:00	00:00:00	00:00:00	DNF	00:00:00
166196	Md Raihan Hossain	Men	BAN	00:12:23	00:01:04	00:28:05	00:00:00	00:00:00	DNF	00:00:00
166122	Yaju Maharjan	Men	NEP	00:14:00	00:01:02	00:36:59	00:07:40	00:00:00	DNF	00:00:00