

2023 Pokhara Asia Cup & South Asian Championship

Athlete ID	Athlete name	Country	BIB	Swim	T1	Bike	T2	Run	Position	Total Time
30485	Bob Haller	LUX	1	00:09:06	00:00:51	00:28:16	00:00:29	00:17:13	1	00:55:55
106994	Aleksandr Kurishov	UZB	2	00:08:58	00:01:02	00:28:15	00:00:30	00:17:12	2	00:55:57
18417	Stefan Zachäus	LUX	5	00:09:03	00:00:55	00:28:15	00:00:30	00:17:18	3	00:56:01
122645	Kyotaro Yoshikawa	JPN	3	00:08:59	00:01:00	00:28:15	00:00:31	00:17:24	4	00:56:09
143547	Oliver Larcombe	NZL	14	00:09:28	00:00:53	00:28:40	00:00:34	00:18:23	5	00:57:58
74435	Philip Pertl	AUT	6	00:09:27	00:00:51	00:30:01	00:00:28	00:17:34	6	00:58:21
132341	Peter Rojtas	SVK	10	00:09:09	00:00:59	00:28:54	00:00:34	00:18:47	7	00:58:23
116410	Toshiki Sakakibara	JPN	9	00:09:26		00:30:00	00:00:32	00:17:41	8	00:58:33
113561	Daryn Konysbayev	KAZ	8	00:09:53	00:01:00	00:30:10	00:00:33	00:17:37	9	00:59:13
80317	Kurt Wesley	AUS	7	00:09:07	00:00:57	00:30:58	00:00:30	00:18:28	10	01:00:00
152516	Rahul Dhanji Shinde	IND	22	00:10:09	00:00:52	00:32:03	00:00:39	00:17:32	11	01:01:15
56485	Federico Scarabino	URU	4	00:09:30	00:00:55	00:29:56	00:00:38	00:21:04	12	01:02:03
176622	Khundrakpam Nganba Meite	IND	34	00:10:26	00:00:57	00:31:40	00:00:41	00:19:02	13	01:02:46
104626	Abdallah Abushabab	PLE	12	00:09:52	00:01:05	00:32:05	00:00:44	00:20:29	14	01:04:15
142169	Adarsh Muralidharan Nair Sinimol	IND	45	00:11:01	00:00:52	00:32:58	00:00:37	00:18:48	15	01:04:16
160833	Saud Alzaabi	UAE	11	00:13:16	00:01:14	00:31:51	00:00:47	00:18:59	16	01:06:07
122018	Vishwanath Yadav	IND	23	00:11:23	00:00:54	00:33:23	00:00:43	00:20:02	17	01:06:25
176520	Laikhuram Biten	IND	29	00:11:29	00:00:52	00:33:22	00:00:37	00:20:06	18	01:06:26
124442	Bishworjit Saikhom	IND	44	00:11:27	00:00:56	00:33:20	00:00:41	00:20:12	19	01:06:36
176029	Parth Mirage	IND	26	00:10:40	00:00:58	00:34:03	00:00:37	00:20:24	20	01:06:42
90872	Basanta Tharu	NEP	35	00:13:18	00:01:16	00:31:48	00:00:35	00:19:55	21	01:06:52
129618	Mohsen Alali	UAE	40	00:11:37	00:01:31	00:33:22	00:00:43	00:20:54	22	01:08:07
176770	Koushik Vinayak Malandkar	IND	28	00:10:55	00:00:59	00:34:05	00:00:44	00:22:02	23	01:08:45
124711	Dipesh Chaudhary	NEP	18	00:11:31	00:01:15	00:34:52	00:00:40	00:20:59	24	01:09:17
143810	Shashi Kiran S M	IND	19	00:11:10	00:01:01	00:34:28	00:00:45	00:22:30	25	01:09:54
175932	Sridath Sudheer	IND	47	00:11:16	00:01:24	00:36:15	00:01:00	00:20:31	26	01:10:26
166194	Mukesh Tharu	NEP	37	00:15:04	00:01:06	00:33:49	00:00:58	00:19:47	27	01:10:44
135642	Moulik Maharjan	NEP	24	00:12:03	00:00:58	00:35:14	00:00:45	00:22:03	28	01:11:03
144013	Vinod R	IND	21	00:12:00	00:01:11	00:36:40	00:00:32	00:21:30	29	01:11:53
177021	Bipan Khatkatwa	NEP	36	00:14:16	00:01:16	00:35:51	00:00:51	00:21:34	30	01:13:48
176858	David Jamieson	NEP	39	00:15:36	00:01:26	00:35:36	00:00:00	00:21:20	31	01:13:53
166123	Sushim Chitrakar	NEP	30	00:15:02	00:01:14	00:34:25	00:00:43	00:23:44	32	01:15:08

165791	Vatsal Arjun Chaudhari	IND	43	00:15:58	00:01:14	00:35:26	00:00:44	00:22:33	33	01:15:55
166122	Yaju Maharjan	NEP	38	00:13:20	00:01:08	00:36:21	00:00:43	00:26:11	34	01:17:43
176623	Nitai Randeria	IND	32	00:12:15	00:01:23	00:37:52	00:00:38	00:25:36	35	01:17:44
177020	Dambar Bahadur Purachhane	NEP	42	00:14:10	00:01:22	00:37:25	00:00:38	00:25:42	36	01:19:17
166543	Aryan Patil	IND	17	00:14:25	00:01:33	00:39:08	00:00:51	00:24:42	37	01:20:39
176035	Ankan Bhattacharjee	IND	16	00:14:14	00:01:23	00:39:38	00:00:46	00:27:07	38	01:23:08
176603	Deepak Khandodiya	IND	31	00:30:48	00:01:29	00:29:21	00:02:13	00:26:55	39	01:30:46
175928	Mridul Khanal	IND	41	00:17:30	00:01:12	00:42:02	00:01:04	00:29:01	40	01:30:49
177428	Akash Bahadur	IND	15	00:30:10	00:02:59	00:44:17	00:00:00	00:39:15	41	01:45:07
142105	Mohammed Alghafri	UAE	25	00:11:00	00:02:15	00:33:06	00:00:00	00:00:00		00:00:00
114807	Margareta Bicanova	SVK	4	00:10:35	00:01:03	00:32:59	00:00:44	00:19:30	1	01:04:51
109517	Minori Ikeno	JPN	2	00:09:52	00:01:02	00:33:03	00:00:33	00:20:48	2	01:05:18
136193	Chisato Nakajima	JPN	5	00:10:26	00:01:03	00:33:07	00:00:31	00:20:23	3	01:05:30
92569	Antoanela Manac	ROU	3	00:10:33	00:01:07	00:32:56	00:00:33	00:20:55	4	01:06:04
18592	Yuka Sato	JPN	1	00:10:00	00:01:01	00:33:37	00:00:36	00:22:23	5	01:07:37
84143	Alina Khakimova	UZB	6	00:10:49	00:01:05	00:34:54	00:00:36	00:20:54	6	01:08:18
135823	Julie Staub	MRI	7	00:11:25	00:01:11	00:34:38	00:00:41	00:20:42	7	01:08:37
139930	Kahina Mebarki	ALG	9	00:11:09	00:01:17	00:34:47	00:00:37	00:21:07	8	01:08:57
124441	Pragnya Mohan	IND	8	00:11:49	00:01:14	00:36:48	00:00:38	00:21:31	9	01:12:00
165784	Sanjana Sunil Joshi	IND	10	00:11:24	00:00:51	00:35:00	00:00:38	00:24:28	10	01:12:21
165785	Mansi Mohite	IND	19	00:11:49	00:01:01	00:37:02	00:00:49	00:23:05	11	01:13:46
165787	Snehal Joshi	IND	15	00:13:05	00:00:56	00:38:52	00:00:57	00:22:49	12	01:16:39
176757	Shrebi Maharjan	NEP	16	00:12:32	00:01:15	00:38:09	00:00:33	00:25:31	13	01:18:00
176518	Devika Sarma	IND	18	00:13:07	00:01:21	00:41:24	00:00:39	00:30:37	14	01:27:08
82830	Keshari Thapa Magar	NEP	17	00:21:12	00:01:14	00:41:04	00:00:50	00:28:11	15	01:32:31